

Earnest Hart, Jr. is a world-class martial arts champion, personal safety and self-defense expert, physical fitness trainer, actor, and seminar specialist. In the ring, he earned a reputation as the man to beat, and was considered one of the most formidable competitors of the day.

As a teenager he trained in several fighting arts which included: karate, boxing, judo, jujitsu and wrestling. At 18, these skills were put to task as he shot onto the kickboxing scene. At age 21, Hart won his first World PKA Kickboxing title (among his many other accomplishments). Hart is the only African-American ever to win four kickboxing titles in the welterweight class.

A multi-talented martial artist, he holds a black belt in 15 different styles of martial arts. They include: Yoshukai Karate, Shorin-Ryu Karate, Kajukenbo, Tae Kwon Do, Jujitsu, and Savate to name a few. He is also the highest-ranking teacher at 10th degree in the American Fighting Arts School of Martial Arts and has been named as one of the "Top Ten Kickboxers of All Time" by Inside Karate magazine.

His brilliant career includes motivational speaking and seminars. The topics range from "Just Say No to Drugs" to Rape Awareness clinics. He has given seminars for people such as Chuck Norris and Pat Johnson, in addition to training some of the countries top athletes such as Hall of fame's Ozzie Smith of the St. Louis Cardinals, and OJ Anderson of the New York Giants. Hart was the official martial arts trainer for the 1999—2000 Super Bowl Champions the St. Louis Rams. In addition to keeping these gridiron superstars in prime time physical condition, he taught them how to apply various martial art techniques to the game of football. The Rams coach and players all agree that this unique program is an important part of the Rams fitness program and game plan.

Hart's talents have been used for acting, stunt work and outstanding fight scenes in a variety of movies which include: Karate Kid III, Mortal Combat and as one of Mr. Freeze's ice thugs in Batman & Robin. He has worked with actors: Arnold Swarznegger, George Clooney, Pat Morita, and Willem Dafoe.

His career has taken him to far away lands such as Japan, where he has trained some of the emperor's bodyguards in his brand of self-defense to Monte Carlo, where he demonstrated his art in a Royal Command Performance for Princess Grace and Prince Rainier. He was also the first person ever to fight and defend his title in Nashville, Tennessee, at the legendary Grand Ole' Opry.

In addition to teaching and training bodyguards on the finer points of personal protection and CQC (Close Quarter Combat), Hart also provides personal safety and training services to a variety of clients, and teaches self-defense courses to individuals, schools and corporations.