

PublishAmerica Presents How to Vacation and Travel Safely...and Come Back Alive

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Newswire / -- PublishAmerica is proud to present How to Vacation and Travel Safely.and Come Back Alive by Earnest Hart, Jr. of Chesterfield, Missouri.

How to Vacation and Travel Safely.and Come Back Alive begins with a real-life story of how the author, Earnest Hart, Jr., was held captive in Thailand while visiting for a series of kickboxing matches. Hart felt vulnerable in this foreign land where the government was run by the military, who imposed their will upon the foreign contestants with Uzis and intimidation. Forced to realize that the world we live in is as dangerous outside of the ring as it is inside, Hart continued his martial arts training and added to his knowledge by studying all available material possible related to security.

Since 9/11, personal safety has never been more paramount. Hart's book is an in-depth look at the realities of traveling and staying safe in the new millennium. Focusing on important principles for individuals and families to help prepare themselves for real-life encounters, the author lays out a detailed yet easy-to-understand plan for the reader to follow and make a part of their traveling and everyday routine.

Earnest Hart, Jr. is a world-class martial arts champion, physical fitness trainer, actor and seminar specialist. He regularly presents workshops and lectures, captivating his audiences with details of his life experiences and providing them with straight-talk about their personal safety.

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